

Creating an Action Plan

1. What are the realities of my life academically, personally, and emotionally?

2. What are my goals academically, personally, and professionally?

3. What are my fears around reaching my goals?

4. What am I committed to changing for reaching my goals?

5. Who/What will hold me accountable?

6. Frequency of check-in's by Advisor, Success Coach, Learning Resource Center, Career Services, Advising Office
 - a. Weekly- What may you need, why?

 - b. Monthly –What may you need, why?

 - c. Quarterly –What may you need, why?

“Success is in the daily wins that support the bigger goal”