



# Health & Wellness Resources

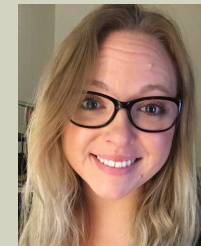
If unsure who to contact or to reach all of us, email: [studentsupport@miad.edu](mailto:studentsupport@miad.edu).

## MIAD



**Contact Jennifer Crandall**  
Associate Dean of Students,  
Room RL95, 414-847-3344  
[jennifercrandall@miad.edu](mailto:jennifercrandall@miad.edu)

- Feeling upset, overwhelmed, stressed, or emotional
- Struggling balancing school with work, personal issues, or medical situations
- Needing medically supported absences
- Seeking a leave of absence from MIAD
- Having thoughts of self-harm or suicide



**Contact Hanna Hobson** Student  
Support Counselor,  
Room RL80C, 414-847-3349  
[hannahobson@miad.edu](mailto:hannahobson@miad.edu)

- Feeling upset, overwhelmed, stressed, or emotional
- Struggling with alcohol or other drug use
- Seeking individualized coping skills to aid in mental well-being
- Seeking support with gender identity and/or sexual orientation
- Having thoughts of self-harm or suicide



**Contact Cathryn Wilson**  
Coordinator of Learning Support,  
Room RL100A, 414-847-3345  
[cathrynwilson@miad.edu](mailto:cathrynwilson@miad.edu)

- Seeking tutoring services, time management help
- Experiencing difficulty with transition to college life



**Contact Becky Skupien** Student  
Accessibility Coordinator, Room  
RL95, 414-847-3347  
[rebeccaskupien@miad.edu](mailto:rebeccaskupien@miad.edu)

- Needing accommodations for a documented physical, medical, or mental health issue
- Wishing to disclose a disability but are not requesting an accommodation letter
- Currently have an accommodation letter and are struggling in your classes

## MARQUETTE

Contact Marquette University Medical Clinic if:

- Sick or have short-term health concerns

**Get in touch with Jennifer Crandall for assistance.**

**Marquette University contact information is on the back side of student ID.**

## MARQUETTE

Contact Marquette University Counseling Center if:

- Seeking confidential short-term counseling with a licensed professional

**Contact Jennifer, Becky or Hanna for assistance.**

## COMMUNITY

- Seeking psychological testing at Marquette University
- Seeking confidential long-term therapy with a licensed professional
- Needing psychiatric services for medications related to mental health diagnoses

**Contact Jennifer, Becky or Hanna for assistance.**